

Dry Needling Liability & Consent Form

Dry Needling is a very successful medical treatment which uses thin needles (the same as in acupuncture) without any medication to achieve its aim. The goal is to relieve pain and improve range of motion, treat joint injuries and dysfunction while maintaining joint stability. Dry needling works by changing the area in which the body senses pain and by helping the body heal itself. This technique is based on concepts of modern medicine and is NOT acupuncture.

Please check all that may apply:

- | | |
|---|---|
| <input type="checkbox"/> Spontaneous bleeding or bruising | <input type="checkbox"/> Hematoma |
| <input type="checkbox"/> Irregular heartbeat | <input type="checkbox"/> Pregnancy |
| <input type="checkbox"/> Tendency to bleed (taking anticoagulant therapy) | <input type="checkbox"/> Eczema or psoriasis |
| <input type="checkbox"/> Compromised immune system | <input type="checkbox"/> Peripheral neuropathy |
| <input type="checkbox"/> Previous adverse reaction to acupuncture or dry needling therapy | <input type="checkbox"/> Recurrent infections |
| <input type="checkbox"/> Seizure induced by previous medical procedure | <input type="checkbox"/> Epilepsy—stable or unstable or schizophrenia |
| <input type="checkbox"/> Unstable diabetes | <input type="checkbox"/> Chronic edema or lymphedema |
| <input type="checkbox"/> Unstable angina | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Congenital or acquired heart valve disease | <input type="checkbox"/> Chronic fatigue |
| <input type="checkbox"/> Recent cardiac surgery or congestive cardiac failure | <input type="checkbox"/> Acute cardiac arrhythmias |
| <input type="checkbox"/> Recent radiotherapy | <input type="checkbox"/> Open skin wounds or injuries |
| <input type="checkbox"/> Varicose veins | <input type="checkbox"/> Allergy to Nickel or Chromium |
| <input type="checkbox"/> Malignancy | <input type="checkbox"/> Human Immunodeficiency Virus (HIV) |
| <input type="checkbox"/> Hepatitis B or C | |

Please inform us if you have had cosmetic or surgical implants inserted into your body including but not exclusive to breast, buttock or pectoral implants. We strongly advise that you consult your medical doctor if you have any of these conditions to confirm that it is safe for you to receive treatment. If you are in any doubt please do not hesitate to contact us.

During the process, you will feel a small pinprick and you may also feel a muscle ache or a muscle twitch. You may experience an increase in pain within 1-3 days after treatment. These are normal and good sensations, and mean that you will experience good relief from your symptoms. There is some risk involved in any procedure that involves inserting needles of any kind into the body. It is possible to puncture organs (i.e. lungs) or blood vessels. The most serious risk, although it is extremely rare, is pneumothorax secondary to lung puncture. I understand hematomas can develop secondary to needle insertion. The possibility of accidentally inserting a needle into a nerve also exists. I am also aware that vasovagal reactions sometimes occur, resulting in fainting. Infections, though rare, have been reported. I understand that relatively benign and rarely more serious adverse events may occur. I also understand the risk of serious harm is high unlikely.

I have read the above; I understand the risks involved with Dry Needling. I have had the opportunity to ask any questions and all of them have been answered to my satisfaction. I do hereby consent to treatment at Arlington Physical Therapy, for the performance of Dry Needling. I hereby indemnify the clinician and or practice against any liability arising from unforeseen consequences.

Date: _____

Print Name: _____

Signature: _____

